


January 2019 Memory Care Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning Flow 9:30 – 11:30 Afternoon Flow 1:30 – 4:30	1) Daily Devotional Gussy Up! Morning stretches Hot potato Reminiscing Set up for Lunch Cooking class Set up for Dinner	2) Feed the Fish Keep fit with music Parachute Relaxation Station Set up for Lunch Playdough sculpting Question ball Set up for Dinner	3) Daily Devotional Morning stretches Ring toss Set up for Lunch Ribbon dancing Bingo Set up for Dinner Catholic Priest	4) Feed the Fish Keep fit with music Bean bag toss Manicures Set up for Lunch Mural painting Hot cocoa social Set up for Dinner	5) Stay fit w/ music Finish the phrase Story telling Set up for Lunch kickball Music w/ Ashley Set up for Dinner
6) Priesthood & Relief Society 10:00 Set up for Lunch Sacrament Meeting 2:30 Uplifting Stories Set up for Dinner	7) Feed the Fish Keep Fit with music Book Club: Charlottes Web Set up for Lunch Cottage choir Kevin Scott 3:00 Set up for Dinner Family Home Evening 6:30	8) Daily Devotional Gussy Up! Morning stretches Short stories Set up for Lunch Name that tune Kickball Set up for Dinner	9) Feed the Fish Minding Motion Hangman Relaxation Station Set up for Lunch Picture Bingo Tic tac toe Set up for Dinner	10) Daily Devotional Morning stretches Balloon Volleyball Set up for Lunch Finish the phrase Bob Shorten 3:00 Set up for Dinner Catholic Priest	11) Feed the Fish Keep fit with music Parachute Reminiscing Set up for Lunch Pictionary Root beer floats Set up for Dinner	12) balloon volleyball Say Anything Set up for Lunch Name that song craft corner Set up for Dinner
13) Priesthood & Relief Society 10:00 Set up for Lunch Sacrament Meeting 2:30 Cards Set up for Dinner	14) Feed the Fish Keep fit with music Book Club: Set up for Lunch Cottage choir The New Fiddlers 3:00 Set up for Dinner Family Home Evening 6:30	15) Daily Devotional Gussy Up! Morning stretches Bean bag toss Set up for Lunch Horse racing Sorting Set up for Dinner	16) Feed the Fish Keep fit with music Finish the phrase Relaxation Station Set up for Lunch Ribbon dancing Jingo Bowling Set up for Dinner	17) Daily Devotional Morning stretches Balloon Volleyball Set up for Lunch Water painting Linda Davidson 3:00 Set up for Dinner Catholic Priest	18) Feed the Fish Keep fit with music Basketball Manicures Set up for Lunch Hydration station Birthday Party! Set up for Dinner	19) Pictionary Mad libs Set up for Lunch Reminiscing jeopardy Sing-a-long Story time Set up for Dinner
20) Priesthood & Relief Society 10:00 Set up for Lunch Sacrament Meeting 2:30 Poems Set up for Dinner	21) Feed the Fish Martin Luther King Jr. Day Keep fit with music Book Club: Set up for Lunch Ribbon dancing Cottage choir Set up for Dinner Family Home Evening 6:30	22) Daily Devotional Gussy Up! Morning stretches Reminiscing Set up for Lunch Cooking class Finish the phrase Set up for Dinner	23) Feed the Fish Minding Motion Parachute Relaxation Station Set up for Lunch Bingo Sing-a-long Set up for Dinner	24) Daily Devotional Afternoon stretches Balloon Volleyball Set up for Lunch Kickball Sherry Walker 3:00 Set up for Dinner Catholic Priest	25) Feed the Fish Keep fit with music Tic tac toe Pictionary Set up for Lunch Hydration station Ice cream social Set up for Dinner	26) Parachute Hang man Set up for Lunch Sensory Spin Floral arranging Set up for Dinner
27) Priesthood & Relief Society 10:00 Set up for Lunch Sacrament Meeting 2:30 Mad libs Set up for Dinner	28) Feed the Fish Keep fit with music Book Club: Question ball Set up for Lunch Afternoon walk Cottage choir Set up for Dinner Family Home Evening 6:30	29) Daily Devotional Gussy Up! Morning stretches Parachute Set up for Lunch Movie: Charlotte's Web Set up for Dinner	30) Feed the Fish Keep fit with music Hangman Relaxation Station Set up for Lunch Playdough sculpting Hydration station Set up for Dinner	31) Daily Devotional Afternoon stretches Horse racing Balloon Volleyball Set up for Lunch Picture Bingo Set up for Dinner Catholic Priest	