




March 2019 Memory Care Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Morning Flow 9:30 – 11:30 Afternoon Flow 1:30 – 4:30	Calendar subject to change	1) Feed the Fish Gussy Up! Morning Stretches Balloon Volleyball Help set up for Lunch Letter Building Game Hot Cocoa Social Help set up for Dinner	2) Music and Motion Hydration Say anything Help set up for Lunch Short Stories Help set up for Dinner
3) Priesthood & Relief Society 10:00 Hydration Help set up for Lunch Sacrament Meeting 2:30 Help set up for Dinner	4) Feed the Fish Music and Motion Hydration Cottage Choir Help set up for Lunch Finish the phrase Kevin Scott @ 3:00 Help set up for Dinner Family Home Evening 6:30	5) Mardi Gras! Music and Motion Mask decorating MC banner craft Help set up for Lunch Ribbon Dancing Mardi Gras Parade and entertainment 2:30 – 4:00 Help set up for Dinner	6) Feed the Fish Minding Motion Parachute Hydration Help set up for Lunch Bingo Manicures Help set up for Dinner	7) Daily Devotional Morning stretches Question Ball Hydration Help set up for Lunch Picture Bingo Short Stories Help set up for Dinner Catholic Priest	8) Feed the Fish Gussy Up! Kick ball Help set up for Lunch Music and Motion Hydration Sensory: Aromas Help set up for Dinner	9) Music and Motion Hydration Pictionary Help set up for Lunch Shamrock Twerlers Help set up for Dinner
10) Priesthood & Relief Society 10:00 Hydration Help set up for Lunch Sacrament Meeting 2:30 Help set up for Dinner	11) Feed the Fish Music and Motion Hydration Cottage Choir Help set up for Lunch Ring Toss The New Fiddlers @ 3:00 Help set up for Dinner Family Home Evening 6:30	12) Music and Motion Bean Bag Toss Reminiscing Help set up for Lunch Horseracing Trivia Help set up for Dinner	13) Feed the Fish Minding Motion Hydration Hangman Help set up for Lunch Jingo Familiar Tasks Help set up for Dinner	14) Daily Devotional Morning stretches Hydration Reminiscing Help set up for Lunch Therapy Animals @ 2:00 Linda Davidson @ 3:00 Help set up for Dinner Catholic Priest	15) Feed the Fish Gussy up! Music and Motion Leprechaun craft Lucky gold hunt Help set up for Lunch St. Patrick's Day Celebration @ 2:30 Help set up for Dinner	16) Music and Motion Hydration March Madness: Basketball Help set up for Lunch Music with Ashley Ribbon Dancing Help set up for Dinner
17) Happy St. Patrick's Day! Priesthood & Relief Society 10:00 Hydration Help set up for Lunch Sacrament Meeting 2:30 Help set up for Dinner	18) Feed the Fish Music and Motion Hydration Tic-Tac-Toe Help set up for Lunch Cottage Choir Pictionary Help set up for Dinner Family Home Evening 6:30	19) Music and Motion Hydration Simon Says Help set up for Lunch Cooking Class: Protein Bites Help set up for Dinner	20) Feed the Fish Minding Motion Hydration Finish the Phrase Kickball Help set up for Lunch Familiar tasks Bingo Help set up for Dinner	21) Daily Devotional Morning stretches Hydration Fishing Game Help set up for Lunch Bob Shorten @ 3:00 Help set up for Dinner Catholic Priest	22) Feed the Fish Gussy Up! Balloon Swatters Help set up for Lunch Popcorn and Movie: Wizard of Oz Help set up for Dinner	23) Music and Motion Hydration Short Stories Help set up for Lunch Music with Ashley Relaxation Station Help set up for Dinner
24) Priesthood & Relief Society 10:00 Hydration Help set up for Lunch Sacrament Meeting 2:30 Help set up for Dinner	25) Feed the Fish Music and Motion Hydration Cottage Choir Help set up for Lunch Water Painting Short Stories Help set up for Dinner Family Home Evening 6:30	26) Music and Motion Hydration Musical Instruments Help set up for Lunch Finish the Phrase Larry Turner @ 2:30 Help set up for Dinner	27) Feed the Fish Sing-a-long with Bill/Ona Parachute Help set up for Lunch Lee Herrera & Volunteers 1:30-3:15 Help set up for Dinner	28) Daily Devotional Morning stretches Hydration Basketball Help set up for Lunch Therapy Animals @ 2:00 Deci Bells @ 3:00 Help set up for Dinner Catholic Priest	29) Feed the Fish Gussy Up! Balloon Volleyball Hydration Help set up Lunch Birthday Party!! Help set up Dinner	30) Music and Motion Hydration Shamrock sun catchers
						31) Relief Society & Priesthood 10:00 Sacrament Meeting 2:30

March Rehab Activities Calendar 2019

Sunshine Sunday	Mindful Monday	Tacky Tuesday	Wellness Wednesday	Divine Thursday	Fun Day Friday	Sensational Saturday
				Calendar Subject to Change	1) Daily Chronicle Employee Appreciation Day! Ice Cream Social @ 3:00	2) Senior Yoga @ 10:00 Movie & Popcorn @ 2:00
3) Relief society & Priesthood 10:00 Sacrament Meeting 2:30	4) Daily Chronicle Co-Therapy (Puffy Socks) 1:30-4:00 Kevin Scott @ 3:00 Family Home Evening 6:30	5) Daily Chronicle Mardi Gras mask making @ 1:30 Mardi Gras Parade @ 3:00	6) Daily Chronicle Ash Wednesday Ants on a log @ 3:00	7) Daily Chronicle Therapy Animals @ 2:00 Quilting @ 3:00 Pre-Hab @ 6:30 Catholic Priest	8) Daily Chronicle International Women's day Ice Cream Social @ 3:00	9) Movie & Popcorn @ 2:00
10) Relief society & Priesthood 10:00 Sacrament Meeting 2:30	11) Daily Chronicle Co-Therapy (Cooking Class) 1:30 - 4:00 The New Fiddlers @ 3:00 Family Home Evening 6:30	12) Daily Chronicle Girl Scouts Day! Bingo @ 3:00	13) Daily Chronicle Color me Calm @ 3:00	14) Daily Chronicle National Pi Day! National Potato Chip Day Potato chip challenge @ 2:00 Linda Davidson @3:00 Catholic Priest	15) Daily Chronicle St. Patrick's Day Celebration	16) Movie & Popcorn @ 2:00
17) Happy St. Patrick's Day! Relief society & Priesthood 10:00 Sacrament Meeting 2:30	18) Daily Chronicle Senior Yoga @ 10:00 Co-Therapy (Walker Sling Shot) 1:30-4:00 Family Home Evening 6:30	19) Daily Chronicle Tea Time @ 2:00 Leprechaun Bingo @ 3:00	20) Daily Chronicle First Day of Spring! Hydration Station @ 3:00	21) Daily Chronicle Therapy Animals @ 2:00 Bob Shorten @ 3:00 Catholic Priest	22) Daily Chronicle National Goof off Day! Horse Racing @ 1:30 Ice Cream Social @ 3:00	23) Movie & Popcorn @ 2:00
24) Relief society & Priesthood 10:00 Sacrament Meeting 2:30	25) Daily Chronicle Co-Therapy (Floor Hockey) 1:30-4:00 Family Home Evening 6:30	26) Daily Chronicle Make up your own Holiday Day! Larry Turner @ 2:30	27) Daily Chronicle Wood shop @ 3:00	28) Daily Chronicle Crochet/knit/loom @ 2:00 Deci Bells @ 3:00 Catholic Priest	29) Daily Chronicle Ice Cream Social @ 3:00	30) Movie & Popcorn @ 2:00 31) Relief society & Priesthood 10:00 Sacrament meeting 2:30

All Special Events will be held in the Rehab Dining Room unless otherwise indicated. Family members are always welcome to attend all activities.

For other religious services or visits, please see a member of the Recreation Team. Thanks!

Recreation Office: 801-613-4619 or Ext. 2508